## Welcome to Bluedrop

Your doctor has prescribed the **Bluedrop Medical OneStep Foot Scanner** and **EveryStep Monitoring Service** to help keep an eye on your feet. As you know, it's important to check your feet regularly to find any problem areas that could result in a foot ulcer. In fact, doctors have published studies that show checking your feet and measuring the temperature can **reduce up to 70% of ulcers!** (1,2,3)

With Bluedrop, you can check your feet daily in under 1 minute!



Simply step on the scanner once a day for 30 seconds. It will take pictures of your feet and measure your foot temperature, then automatically send that information to Bluedrop.



A Bluedrop expert will review the information and alert you if they see anything that might need your attention. If they see anything that your doctor should know about, they will alert them as well.

Questions? Contact us at 1-855-453-8707 or bdhelp@bluedropmedical.com



<sup>1.</sup> Armstrong (2007) Skin Temperature Monitoring Reduces the Risk for DFU in High-Risk Patients

<sup>2.</sup> Lavery (2007) Preventing DFU Recurrence in High-Risk Patients: Use of Temperature Monitoring

<sup>3.</sup> Lavery (2004) Home Monitoring of Foot Skin Temperatures to Prevent Ulceration

## Getting Started is Easy



Look for a package with the Bluedrop Logo to arrive a few days after your doctor prescribes.



Position your new OneStep
Foot Scanner in a dry place
away from direct sun and plug
in. Remember, always leave
your scanner plugged in!



Connect to the internet using your smart phone. You will need your wifi network name and wifi password.\*

\*If your scanner came with a plug in router, refer to the Quick Start Guide in the box to connect.

When your scanner says **Ready**, take your first scan!

